

DISTRICT SEVEN'S ACHIEVEMENTS \*

Many things stand out about your achievements this year as home demonstration club members of the seventh district.

You Reach Out to New People and Your Goals  
Show Your Broad Interests

Page County reports 145 new members since last year. This is followed by Fairfax with 120, Culpeper 85, Warren 52, Loudon with 51, Fauquier 46, Rappahannock with 50, Arlington 45, Frederick with 31, Shenandoah with 29, and Clarke 20.

Some counties emphasized, "Nearly all of these are young homemakers."

"We estimate we reach 1,500 homemakers with the home demonstration program," reported the chairman of Prince William County. Warren County reports 1,600 families reached.

<u>County</u>	<u>Goals for Year</u>	<u>No. Clubs</u>	<u>Membership</u>
Fairfax	Citizenship and Health	24	690
Fauquier	Rural Youth and Community Recreation	11	314
Warren	Health and Housing	9 #	284
Loudon	Health	13	306
Shenandoah	Youth and Community Recreation	17	353
Clarke	Youth and Community Recreation	9	170
Arlington	Art	15	365
Rappahannock	Health	14	248
Page	Housing	6 ##	145
Frederick	Citizenship, Youth and Health	13	320
Culpeper	Youth and Community Recreation	14	360
Prince William	Health	15	330

# 2 unorganized groups not included.

## 4 unorganized groups not included.

\* Summary of accomplishments of home demonstration club members of 12 Virginia counties, compiled from reports of county chairmen by Mena Hogan, Field Agent, Southern States, Extension Service.

You Have Shown That the Health of Your Families  
Is Your First Goal

The Facts --

Prince William County health committee appealed to the Board of Supervisors to work out satisfactory plans for trash disposal. Home demonstration club members also assisted the Red Cross bloodmobile by interesting donors, giving transportation to donors and serving lunch to them.

Dental health was emphasized throughout Arlington County in home demonstration clubs. Twenty-five leaders attending a county-wide meeting devoted to dental problems took the information back home to 285 other homemakers.

Two-thirds of the home demonstration club members of Rappahannock County were x-rayed for T.B. in neighboring county x-ray clinics.

Loudon County home demonstration clubs devoted January to health topics. Members were encouraged to have physical check ups and chest x-rays.

Warren County continued the promotion of the school lunch with five schools carrying the milk program.

Fauquier County women found places to deposit trash and rubbish, thus improving the appearance of the community.

Shenandoah County is making a study of the equipment needed in a well-equipped loan chest in the county health department.

Nearly all counties contributed to T.B. campaigns, cancer campaigns, and other health campaigns.

You Have a Varied Program

Some Evidences --

"A new angle in the promotion of international understanding and good will," was the comment of one of the 75 distinguished F.A.O. representatives—all guests of hospitable Virginia farm families for Thanksgiving dinner in Loudon and Fairfax Counties in 1948.

Community clothing banks were conducted again in Culpeper County when 593 garments were cleaned, repaired and restyled for needy pupils in different schools. Rappahannock County also started a clothing bank with 9 clubs contributing clothing. In Clarke County, 1,250 garments were distributed.

"We are not satisfied with our home demonstration agent's office," said the home demonstration club members of Shenandoah County last year so one of their main projects this year has been the repair and remodeling of the agent's own "workshop."

Fauquier County reports raised funds to help rebuild the Morrisville church which burned.

A study of safety measures was started in September by home demonstration club members in Warren County. First aid supplies were furnished schools, first aid instructors gave talks in clubs and a county-wide meeting was devoted to safety.

Frederick County helped obtain a county health unit and sponsored two Red Cross bloodmobile clinics, collecting 174 pints of blood.

Thirty-eight chairs were purchased for the newly organized fire company in Page County.

Arlington county home demonstration club members with health as a Federation goal started a loan closet consisting of two hospital beds and other items used in illnesses in the home. Since April, these items have been in constant use.

Demonstrations on methods of pasteurizing milk and lectures on the control of undulant fever were given in Prince William County. To date 6 pasteurizers have been purchased.

#### Home Improvement Has Been of Great Interest

Frederick County has 15 demonstration kitchens, all of which emphasize storage and use of color.

Eighty water systems were installed, 59 hot water heaters added, 87 new refrigerators purchased and many other home improvements added in Page County.

A home furnishings campaign will be held in Rappahannock County to climax accomplishments for past two years.

Ten families were worked with in Warren County's housing clinic.

Places were found in Fauquier County to deposit trash and rubbish, thus improving the appearance of the community.

#### Perhaps Your Outstanding Achievement Is Leadership Development

Your Reports Show --

That in Shenandoah County, in the illness and absence of the home demonstration agent, leaders took over and were responsible for from 6 to 8 demonstrations in each club.

That in Fairfax County home demonstration club leaders took responsibility for an average of 6 meetings per club so the agent's time could be released to reach out to new people.

In Frederick County, 4-H Club leaders hold 6 meetings a year without the agent being present.

After 25 leaders from Arlington County attended a dental health meeting, they took the information back home to 285 other homemakers. In the same county, nutrition information was carried by nutrition leaders to 936 other families.

Most counties contributed many home demonstration club leaders to the 4-H movement. Culpeper County had 38 home demonstration club members who served as 4-H leaders, Shenandoah had 6, Fauquier 7, Warren 15, Loudon 11, Frederick 8, Page 1, Rappahannock 9, Clarke 11, and Prince William 8.

Eighty-eight percent of all leaders attended leader training meetings in Shenandoah County.

Four meetings of each club in Frederick County were held without the home demonstration agent.